

Dr. Hrisikesh T Contractor.

Consultant Homeopathy Practitioner.

Dip.Homeopathy [The College of Natural Therapy]
Fellow of The British Institute of Homeopathy
Member Complementary Therapists
Association [UK], Member of the NHS
Directory of Complementary & Alternative
Practitioners, Member of and fully insured by
IGGP, The International Guild of Professional
Practitioners [Embody]
M.B.,B.S.,F.C.P.S.,M.S.,F.I.C.S.,F.I.C.A.,
F.C.S.[E.C.S.Africa],F.A.O.A.[Switzerland]

Dr. Contractor is an enthusiastic, dedicated
and energetic practitioner, who is passionate
about Homeopathy, which he has been
practicing since 1980.

Having a Surgical background, he is in a
better position to diagnose and treat patients
who have been frustrated with conventional
medicine. His talks on Homeopathy to many
groups, including Doctors who practice
conventional medicine, have been well
received and appreciated.

He has Special Interest in Allergies, Hay
Fever, Psoriasis, Eczema; surgical problems
like Piles, Anal Fissures, Fistula-in-Ano, IBS,
Colitis, Injuries, non-healing fracture/wound,
Arthritis, Heel/Sole pains, Backaches, apart
from treating the other mentioned conditions.

He is a retired Senior Consultant Surgeon
[General, Trauma, Laparoscopic] &
Past Chairman of Kenya Medical Association
[Nyanza & Western Kenya Division]

Consultations by Appointment

Home Visits Available

CLINICS

Naturality Wellness Centre

42 Lower Kings Road, Berkhamsted,
Herts HP4 2AA
Tel: 01442 800400 & 07966 628885

Wimpole Therapeutics

2 Wimpole Street, {Off Harley Street}
London: W1G 0ED
Tel: 020 7491 7767 & 07966 628885

FMY Chemists

36, High Street, Chesham, Bucks.
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Websites: www.naturality.org.uk
www.wimpoletherapeutics.com
www.EmbodyForYou.com

Mobile: 07966 628885

Please call for a free
10 minute consultation.

**Passionate about
Healthy Living?**

**HOMEOPATHY
is the alternative...**



*Naturality
Wellness Centre*



Wimpole Therapeutics

Why Homeopathy?

Illness brings choices. You can choose to treat your symptoms with drugs, or can choose to look for a natural alternative. If you choose the natural way, or if you have tried the drugs and found they don't work, you should consider Homeopathy.

Homeopathy has been used successfully and safely for more than two hundred years. Its popularity is increasing because of its effectiveness and the patients becoming more aware of the dangers of prescription medications.

How does Homeopathy work?

Homeopathy recognises symptoms as part of the body's natural mechanism to fight illness and restore balance. Rather than trying to hide the symptoms, a professional homeopath sees these symptoms as body's natural way to cope with the disease. He selects and gives remedies to support the patient's own healing mechanism.

Homeopaths recognise the mind-body connection, carefully treating both physical and psychological ailments. They use minute amounts of natural substances to help patients regain their energy, vitality and health.

Homeopathy was discovered in 1790 by Samuel Hahnemann, a German Physician, and has flourished worldwide among physicians and patients searching for gentle, harmless alternatives to traditional medical treatments. It is a natural therapeutic method which offers a unique and personalised approach to every patient.

The homeopath considers each individual to be a unique person, having his/her own psychic and physical symptoms as well as his/her hereditary predispositions. It is therefore possible that the same illness could have many different remedies, because each remedy is specific to the patient, not the illness.

What happens when you visit a Homeopath?

1st Consultation:
Detailed medical and Homeopathy history: and complete medical examination: 45 to 60 minutes

Follow-up Consultation:
Improvement history, Check-up and examination: 25 to 30 minutes

Some of the conditions that Homeopathy can help treat...

Respiratory

Hay fever, Asthma, Flu, Sinusitis, Pharyngitis, cough, colds.

Skin

Eczema, Psoriasis, Herpes, Acne, rashes.

Skeletal

Arthritis, Sciatica, Backaches, Lumbago, Ganglion, Bursitis, Sprains, heel pain.

Nervous Disorders

Vertigo, Hysteria, Migrane, Depression, Jetlag, Neuritis, Grief, Fear, Insomnia, Phobias, Diabetic neuritis, Epilepsy.

Digestive Complaints

Gastritis, Peptic Ulcer, Colitis, Flatulence, Piles, Fissure-in-ano, anal fistula, Irritable Bowel Syndrome.

Hormonal Problems

Uterine fibroids, Ovarian cysts, Breast adenomas & cysts, Thyroid.

Urinary

Enlarged Prostate, Nephritis, Cystitis, Impotency.

Pains

Cancer Pains, pain in terminal diseases, post-operative pain, trauma pain.